

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Morning Blessings 1 10:00 Balloon Table Tennis 11:00 Tell Me about You 2:00 Name that Tune 3:00 Sunflower Art 6:00 Jigsaw Puzzles 7:00 Evening Social Canada Day	9:00 Coffee Social 2 10:00 Chair Yoga 11:00 U.S. Trivia 2:00 Flag Art 3:00 Pictionary 6:00 Color by Number 7:00 Iced Tea Social	9:00 News Update 3 10:00 Parachute Fitness 11:00 Name the Capital 2:00 Patriotic Sing Along 3:00 Water the Flowers 6:00 Tic-Tac-Toe 7:00 Netflix Movies	9:00 Salvation Army 4 10:00 Sit & Be Fit 11:00 Water the Flowers 2:00 Connect Four 3:00 Bocce Ball 6:00 Jigsaw Puzzles 7:00 Snacks & a Movie Independence Day	9:00 Morning News 5 10:00 Resistant Bands 11:00 Makeovers 2:00 Connect the dots 3:00 Color by Number 6:00 Sorting & Singing 7:00 Evening Snacks	9:00 What's New in the Neighborhood? 6 10:00 Seated Kickball 11:00 S'mores Rice Crispies 2:30 Music by Rick 6:00 Soothing Music 7:00 Popcorn Party	9:00 Current Events 7 10:00 Walk with Me 11:00 Build with Lincoln Logs 2:00 Popsicles in the Courtyard 3:00 Clipping Coupons 6:00 Singing & Snacking
9:00 Morning Prayer 8 10:00 Yoga Stretch 11:00 Coffee Social 2:00 Tic-Tac-Toe 3:00 Jigsaw Puzzle 6:00 Aromatherapy 7:00 Hot Tea Social	9:00 World News 9 10:00 Seated Kickball 11:00 Mad Libs 2:00 Manicures 3:00 Piano Music 6:00 Sorting & Singing 7:00 Classic Movies	9:00 Meet & Greet 10 10:00 Morning Stretch 11:00 Wheel of Fortune 2:00 Tell me a Joke 3:00 Music by Harvey 6:00 Board Games 7:00 Popcorn & a Movie	9:00 Salvation Army 11 10:00 Sit & Be Fit 11:00 Lunch Bunch 2:00 Game of Darts 3:00 Chinese checkers 6:00 Let's Play Jenga 7:00 Snack & Chat	9:00 Coffee Social 12 10:00 Parachute Fitness 11:00 Story Time 2:00 Making Watermelon Sun Catchers 3:00 Blurt 6:00 Name that Tune 7:00 Life Stories	9:00 Local News 13 10:00 Seated Kickball 11:00 Root Beer Floats 2:30 Music by Rick 3:30 Tic Tac Toe 6:00 Clipping Coupons 7:00 Hot Tea Social	9:00 Morning Brew 14 10:00 Stroll Trough the Courtyard 11:00 Concentration Puzzles 2:00 Bird Watching 3:00 Word Search 6:00 Soothing Tunes 7:00 Evening Social
9:00 Morning Blessings 15 10:00 Beach Ball Fitness 11:00 Sing With Me 2:00 Dominoes 3:00 Walk With Me 6:00 Checkers 7:00 Lemonade Social	9:00 Coffee Social 16 10:00 Balloon Table Tennis 11:00 Music by Elizabeth 2:00 What am I? 3:00 Play Me a Record 6:00 Jigsaw Puzzles 7:00 Relax & Refresh	9:00 Morning News 17 10:00 Seated Kickball 11:00 BuZz Word 2:00 Walter on the Accordion 5:00 Music by Ted 7:00 Cookies & Conversation	9:00 Morning Brew 18 10:00 Tube-R-Cise 11:00 Lunch Bunch 2:00 Weaving 3:00 Bingo 6:00 Pamper Me 7:00 Card Games & Snacks	9:00 Current Events 19 10:00 Balloon Tennis 11:00 Finish the Phrase 2:00 Tell Me a Joke 3:00 Banana Splits 6:00 Shoulder Massage 7:00 Snack & Chat	9:00 Meet & Greet 20 10:00 Balloon Volleyball 11:00 Decorate Cupcakes 2:00 Bible Trivia 3:00 Where in the World 6:00 Aromatherapy 7:00 Popcorn Social	9:00 World News 21 10:00 Sit & Be Fit 11:00 Name That Tune 2:00 Horse Shoes 3:00 Water the Flowers 6:00 Connect Four 7:00 Saturday Night Movies
9:00 Morning Prayer 22 10:00 Seated Kickball 11:00 Word Search 2:00 Movin' & Groovin' 3:00 Jigsaw Puzzle 6:00 Tell Me about You 7:00 Popcorn & a Movie	9:00 Local News 23 10:00 Tube-R-Cise 11:00 Picture This 2:00 Manicures 3:00 Riddles 6:00 Name That Tune 7:00 Cookies & Conversation:	9:00 Sing-A-Long 24 10:00 Balloon Tennis 11:00 Mad Libs 2:00 Let's Make Ice Cream 3:00 Spanish Class 6:00 Tidy Up 7:00 Hot Tea Social	9:00 News Update 25 10:00 Morning Stretch 11:00 Lunch Bunch 2:00 Horse Shoes 3:00 Buzz Word 6:00 Hand Massage 7:00 Soothing Music & Snack	9:00 What's New in the Neighborhood? 26 10:00 Resistant Bands 11:00 Wheel of Fortune 2:00 Connect the Dots 3:00 Pool Noodle Toss 6:00 Walk With Me 7:00 Snacks with Friends	9:00 World News 27 10:00 Sit & Be Fit 11:00 Water the Flowers 2:30 Resident Birthday Party 3:00 Music by Harvey 6:00 Life Stories 7:00 Movies & Snacks	9:00 Mornig Coffee 28 10:00 Yoga Stretch 11:00 Connect Four 2:00 Maize Puzzles 3:00 Creative Collages 6:00 Scrabble 7:00 Night at the Movies`
9:00 Morning Prayers 29 10:00 Movin' and Groovin' 11:00 Spelling Bee 2:00 Tic-Tac-Toe 3:00 Sensory Dough 6:00 Let's Tidy Up 7:00 Classic Movies & Snacks	9:00 Current Events 30 10:00 Walk With Me 11:00 Colored Pencil Art 2:00 Feed the Birds 3:00 Connect the Dots 6:00 Singing & Snacking 7:00 Favorite Movies	9:00 Current Events 31 10:00 Yoga Stretch 11:00 Lunch Bunch 2:00 Horse Shoes 3:00 Art Museum Mad Lib 6:00 Card Games 7:00 Netflix Movies	 <h1 style="font-size: 2em; margin: 0;">July 2018</h1> <p style="font-size: 0.8em; color: blue; margin: 5px 0;">Interested in Volunteering? Please contact Rhiannon at 243-7735. Our Residents are always involved in Fitness, Outings, Games, Music, Social Activities & Spiritual Events. If you have some time or a talent to share we would love to have you join our Belvedere Family of Volunteers.</p>			

Cognitive/Intellectual Sensory/Stimulation Exercise Creative Social One on One Life Skills Spiritual